



Studio Price List

Class Sessions

Per hourly class Price: €8

30 minute classes: € 5.00 (2 x 30 min classes back-to-back €8)

2 x 1 hour classes in same week €13 euro

Personal Training Price: €40 - Hour

Personal Training Price: €25 - Half Hour

Over 60's + Students (with valid student I.D. Card) €4 per half hour or €6 per hour

Why Weight Ireland Online Food & Exercise Diary

€30 = 30 Days Diary

€60 = 3 Months Diary

€100 = 6 Months Diary

Why Weight Ireland Diary Members Reduced Rate of €6 per hour class (€4 per ½ hr)

Why Weight Ireland Local Weight Loss & Fitness Platinum Packages

30 Days Diary + 2 X 1hr Personal Training = €110 - 10% = YOU PAY €99

3 Months Diary + 6 X 1hr Personal Training = €320 - 10% = YOU PAY €288

6 Months Diary + 12 X 1hr Personal Training = €580 - 10% = YOU PAY €522

All Personal Training Sessions MUST be booked & confirmed in advance



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