



Studio Price List

Class Sessions

Per hourly class Price: **€8**

30 minute classes: **€5** (2 x 30 min classes back-to-back **€8**)

2 x 1 hour classes in same week **€13**

Personal Training Price: **€40** - Hour

Personal Training Price: **€25** - Half Hour

Over 60's + Students (with valid student I.D. Card) **€6** per hour or **€4** per half hour

*Why Weight Ireland Diary Members Reduced Rate of **€6** per hour class (**€4** per ½ hr)*

Why Weight Ireland Online Food & Exercise Diary

30 Days Diary = **€33**

3 Months Diary = **€66**

6 Months Diary = **€109**

Why Weight Ireland Weight loss & Fitness Platinum Packages

30 Days Diary + 2 X 1hr or (4 X 30min) Private Personal Training + *Unlimited Classes* = **€181**

3 Months Diary + 6 X 1hr or (12 X 30min) Private Personal Training + *Unlimited Classes* = **€500**

Both Packages also include free private weigh-ins and consultations

*6 Months Package available on request

Any PT Sessions MUST be cancelled no less than 24 hours in advance